



Get Fit *Socialise* Have Fun!

PLAY TAG LEAGUE

*Rugby League
without tackles*

Are you looking for a fun way to keep fit & socialise. Why not try a great new team sport, Tag League.

Tag League is a non-tackling game based on Rugby League. Tags are attached to shorts via Velcro tabs. Tags are removed in game play in place of tackles, which enhances safety and ensures fairness in game play as you either have the tag or you don't.

The game is a low to medium contact sport, and the rules are designed to encourage this. You cannot as an attacker run straight at a defender, you must run at the gaps. Rules integrate the key aspects of Rugby League, but are modified for safety and reward those with greater skills. For example, kicking the ball is allowed in various aspects of the game.

The object of the game is to score tries, with the defending team trying to prevent this by tagging the attacking players. There are 6 tags in a play before the ball is turned over. There are 8 players on the field from each team at one time, with a maximum of 4 males on the field from each team in Mixed competitions.

It's a fun way to spend time with friends and family, meet other people, as well as burn off some energy and try and keep fit.



For more information, visit our site;
www.BankstownTagLeague.com.au

Contact us on;
1800 466 090



Which Divisions are available?

- Mixed (16yrs and older)
- Mens – (16yrs and older)

The Competition Format

- Ungraded 7 week round robin – top of the table wins.

When Do Games Get Played?

- Thursdays, between 6.30pm and 9.30pm

Duration of Games

- 40 minutes (2 x 20 minute halves)

Where Do Games Get Played?

- University of Western Sydney, Bankstown Campus
- Bullecourt Ave, Milperra NSW 2214

When Does the Summer 2015 Competition Start?

- Thursday 29th January 2015

Who Can Enter?

Entry is open to Teams of 10 players or more, Individuals and Groups who do not have enough players to form a team. Individuals will be placed with Groups to form teams, but can nominate what divisions they want to play in. All participants must be 16 years or older in the 2014 calendar year.

What Does It Cost?

- Mixed - \$40 per player
- Mens - \$40 per player
- Fees are for the entire season, there are NO additional match fees
- In addition, players must wear approved Tag League Shorts or Tights which cost \$25 or \$30 respectively.

Are There Prizes?

- Yes, \$500 Prize Pool.
- Winners in each division get \$300, Runners Up get \$200.

How Do You Enter?

Entry Forms are available for download from the Bankstown Tag League web site, or you can attend the registration night;

- Thursday 22nd January 2015
- University of Western Sydney, Bankstown Campus, Bullecourt Ave, Milperra NSW 2214



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